UPDATED PROTOCOLS we are happy to ease restrictions as COVID cases drop in Michigan this summer

- Masks are optional but recommended for anyone vulnerable to illnesses or feeling unwell.
- Indoor capacity limits go to 50%
 - 200 in the sanctuary
 - 200 in the gym
 - 30 in Graceful Grounds
- If you feel sick, please visit another time.
 Find us on Facebook or tlcmonroe.org
- Bottom line:
 - Be smart

Be joyful

Be kind

o Be well